# The Great Gratitude Challenge: Thanking God for Every Good Thing

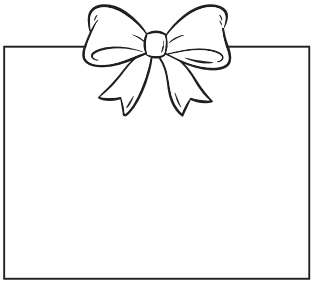
James 1:17; Philippians 4:8

DAY 1

## Good Gifts Everywhere

God gives us so many good things. He gives us people who love us, food to eat, and beautiful things to see. The Bible says, "Give thanks to the Lord, because he is good." (Psalm 107:1 NIrV) When you look around, you can find good gifts from God everywhere.

Draw one good gift God gave you this week.



**LOOK for good gifts from God all around you.**

DAY 2

## A Thankful Heart

When you thank God, it helps your heart focus on what is good. Sometimes hard things happen, but there are still good things to see. The Bible says, "Be joyful always." (1 Thessalonians 5:16 NIrV) A thankful heart helps us remember God's love every day.

**KNOW that God gives me good things every day.**

DAY 3

## Thank God Right Away

You don't have to wait until bedtime to thank God. You can thank Him anytime! When something makes you smile, say, "Thank You, God!" When someone helps you, say, "Thank You, God!" Gratitude can become part of your whole day.

With a grown-up, go on a "Thank You Walk." Find five things to thank God for and say them out loud together.

**ASK God to help me notice His good gifts.**

DAY 4

## Thank You for Everything

God loves you and cares for you every day. He gives you good gifts, big and small. When you thank Him, you remember how good He is. The more you thank God, the more you see His love all around you.

**PRAY: "Dear God, thank You for all the good things You give me. Help me notice Your gifts and thank You every day. In Jesus' name. Amen."**

**THANK God for every good thing He gives you.**

I can thank God for everything.

There's More! ⟶

# THANK YOU, GOD!




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