

The Safe Place: God is my strength

John 16:33; Revelation 19:11–16

DAY 1: REVIEW

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2: TROUBLE DOESN'T WIN

Read John 16:33 NlrV

Have you ever had one of those days where everything feels annoying? Maybe your friends are being dramatic, school feels stressful, your family is frustrating, or you just feel overwhelmed. Jesus knew His followers would have hard days too. That is why He said, "In this world you will have trouble." But He did not stop there. Jesus also said, "Be encouraged! I have won the battle over the world."

That means trouble does not win. Fear does not win. Drama does not win. Jesus wins.

Because Jesus is stronger, you can face hard situations with confidence. You do not have to follow the crowd, panic, or

give up when life feels difficult. God is with you and gives you strength to stand for what is true, even when it feels uncomfortable.

Color the emoji that rates your stress level today:



DAY 3: LOOKING TO THE RIGHT KING

Read Revelation 19:11–16 NlrV

The world tells us to look for power in popularity, success, money, or fitting in. But Revelation gives us a different picture of power. Jesus is the true King, and His victory lasts forever.

A lot of things compete for your attention every day. Friends, sports, grades, and opinions from others can easily become the loudest voices in your life. None of those things are wrong, but they should never become more important than following Jesus. When you keep your eyes on Him, you begin to see life differently. Following Jesus does not mean being perfect. It means choosing Him again and again, even when distractions pull at you.

What distracts you most from focusing on God?

Write one way you can focus more on Jesus this week:

Read 1 Timothy 4:12 NlrV

Jesus already won the battle. Because of that, you can live boldly and help others with courage.

Read Psalm 46:1 NlrV

Psalm 46:1 NIrV

Everyone needs a safe place. Safe places help us relax and breathe when life feels stressful.

Psalm 46:1 reminds us that God is the safest place we can run to. He is not distant or too busy for our problems. God is close when life feels overwhelming, confusing, or scary. Whether you are stressed about school, friendship drama, pressure to fit in, or problems at home, God promises to help you

Pray: “God, help me listen when You speak. Give me the courage to say yes and act right away. Use me to be a light in this world and show Your love wherever I go. In Jesus’ name. Amen.”

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

How does believing Jesus wins change how you see things?

[illegible]