

FEAR NOT

"Fear Not. It's a 4-week series on dealing with fear. Maybe more than ever before, fear and anxiety are issues many people deal with. Then we will have our Easter lesson, "Remember Me" early on March 30.

March 2

This week we will be studying **John 14:15–31** and focusing on trusting God's Word during major changes in our lives.

Questions to ask in the car or around the table

- How can we get to know God?
- How have you previously dealt with fear in your life?
- What can you do this week to get to know God better than you know him today?

March 9

This week we will be studying **Matthew 14:22–33** and focusing on leaning on Jesus when circumstances get scary.

Questions to ask in the car or around the table

- Why should we cast our cares on Christ?
- As a disciple, how can you keep your eyes on Jesus when circumstances get scary?
- When you are afraid this month, what will you do to keep your eyes on Christ?

March 16

This week we will be studying **Deuteronomy 31:1–8**, learning that we follow God even when it feels overwhelming.

Questions to ask in the car or around the table

- What does it look like to acknowledge God in all your ways?
- How can you live a life with less fear and anxiety?
- What is something you need to surrender to the Lord so your path becomes straighter?

March 23

This week we will be studying **Matthew 6:25–34**, dwelling on trusting God to meet our immediate and future needs.

Questions to ask in the car or around the table

- How can knowing we should do everything as if God asked us, change how we respond when asked to do something?
- How do we "give our worries to God?"
- How can you give God something you're worried about and trust him to take care of it this week?

March 30

This week we will be studying **Luke 23:32–43** and focusing on the truth that we are saved through faith alone in Jesus.

Questions to ask in the car or around the table

- What are some hero qualities Jesus has?
- Jesus could have saved himself from the cross if he wanted. Why did he choose to stay on the cross?
- How can what you believe about Jesus influence how you live this week?